



# Wellness

- Wine Bath
- Massages and spa treatments
- Rituals
- Private Spa

  
**CASA<sup>AL</sup>VENTO**

info@borgocasaalvento.com  
+39 0577 749 068



# Massages

- **Relax Massage:** 90 € (50 min)

Relaxing massage with organic oriental oil. A precious moment of well-being all over the body that gives softness to your skin and a deep relaxation of body and mind.

- **Aromatherapy massage:** 95 € (50 min)

A sensory journey which, thanks to the properties of essential oils, gives a real moment of well-being.

- **Deep massage:** 140 € (75 min)

Massage with various deep manual techniques and pressures for those who need to relieve tension and muscle contractures.

# Ayurvedic Experience

## ► Ayurvedic Marma Massage

€140 (75 min)

Ancient massage of the Indian tradition: Marmas are vital points for regrouping energy. This form of massage focuses on both physical relaxation and rebalancing the body's vital energy to promote well-being of body, mind and spirit.

## ► Ayurvedic Pregnancy

Massage € 110 (50 min)

Great nourishment for mother and baby, indicated from the third month of gestation.



# Wine Therapy

## Wine Bath

110 € per couple (50 min)

Hydromassage bath with fruity essences of red grapes, a treatment that exploits the antioxidant properties of polyphenols, includes a relaxing bath with the scent of grape seeds.

recommended combined with BODY SCRUB€45 (25 min)



# Rituals

## ► Cleopatra Ritual

220 € per couple (90 min)

Exclusive use of the wellness area, including Turkish bath, an ideal ritual for couples with a full-body scrub, which delicately exfoliates and prepares the skin to receive the next treatment: a nourishment-rich immersion in our tub with donkey's milk and honey.





# Spa

## ➤ Private Spa

180 € per couple (90 min)

Exclusive use of the wellness area: Turkish bath, donkey milk and honey hydromassage tub.

There is also a panoramic terrace for exclusive use where you can enjoy a glass of wine or prosecco.